

Cassia Community Centre

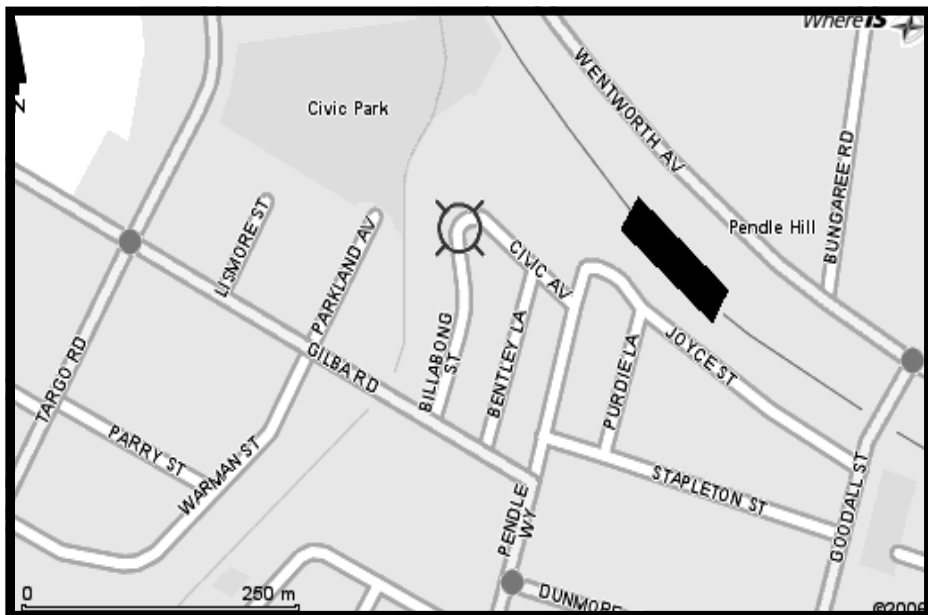
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Community Development Worker/Manager
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Centre Administrator
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Join the centre as a member for just
\$7.70 (ordinary) or \$11 (organisations)



Cassia News

Come in to see our new centre!



For any age group- young and old!



Heaps of classes during the day

...and more!

Centre Hours: Sun- 4pm Mon to Fri



English Conversation



People with Purpose-
Seniors group

Take a look inside!

We have a garden too!

Cassia Community Centre

April/May/June 2007

July School Holiday Activities

BARBEQUE FUN DAY

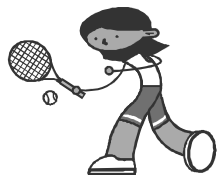
6TH JULY

11AM TO 2PM

FREE



SAUSAGE SIZZLE, GAMES, TENNIS, LOTS OF FUN!



Open for all!



A great family day out, especially for
the kids 🎉



At Civic Park, next to Cassia.
18 Billabong St, Pendle Hill

Cassia Community Centre

In partnership with Anglicare



Kerrie's Space

I hope you all had a safe and happy Easter.

Hopefully, you are all aware that Cassia has moved to Pendle Hill. If not, please note our new address.

Cassia's new location is also the beginning of a new direction. As well as our forever popular groups continuing, we plan on introducing a more diverse program with a variety of activities.

One of Cassia's primary target groups is families. Therefore, we shall be offering new programs and activities in the near future in relation to parenting. We shall also be offering new programs for our CALD community.

Should anyone have an idea as to what project they might like, please give the Centre a ring at any time. We would love to hear from you.

Cassia's new location is far more accessible for clients that do not have their own transport. We are situated right next to the railway station, bus stops and the shopping centre. We are sitting at the mouth of the beautiful Civic Park and tennis courts. There are a lot of home units surrounding Cassia which I extend an invitation to you all to drop in and see what Cassia Community Centre is all about.

I would also like to extend an invitation to anyone who may wish to become a volunteer and feel they have a special skill. This could be teaching children how to play tennis, or a lady who would like to offer to share her skills in beading. Cassia is here for you the community. Therefore, more community involvement would be great.

Keep safe, Kerrie

MANAGEMENT COMMITTEE VOLUNTEERS NEEDED!

Do you have a background in management? Or do you have a special skill that would compliment an already established Management Committee?

This is your chance to be part of Cassia's new journey!

For further information, call Kerrie Denton on 9688 3335

Do you want to spend some fun time with your children and meet new friends?



Anglicare have secured some funding through the Playgroup Association to set up a Supported Playgroup and Cassia is providing the venue. This means you have access to an experienced Early Childhood Worker as the facilitator for our "Play and Chat" playgroup. Come along with your children

and be part of this new venture!

Interested?

Watch this space...It will be happening next term...
on Fridays 10am-12pm



Come along and have fun with us!

Call Joanna at Anglicare on 9895 8175 for more information regarding starting date.

Term 2 Program 2007

Day	Course	Time	Dates
Monday	Music & Movement Babies	9:30am-10:00am	30th April- 18th June
	M & M Preschoolers 1	10:00am-10:45am	30th April- 18th June
	M & M Preschoolers 2	11:00am- 11:45am	30th April- 18th June
	Stress Management and Relaxation	12:00pm- 1:30pm	30th April- 4th June
Tuesday	TAFE Literacy Class	9:30am-12:30pm	24th March- 19th June
	Sewing Class	10:00am- 12:00pm	1st May- 19th June
Wednesday	PWP Meetings	1:00pm- 3:00pm	Once a month
	Children's Art Class	3:30pm-5:00pm	2nd May- 6th June
Thursday	TAFE Literacy Class	9:30am-12:30pm	26th March- 21st June
	Pilates	9:30am-11:00am	3rd May- 21st June
Friday	English Conversation	10:00am-12:00pm	27th April- 29th June
	Tai Chi (Beginners)	12:30pm-1:30pm	4th May- 29th June
	Tai Chi (Intermediate)	1:30pm-2:30pm	4th May- 29th June
	Tai Chi (Advanced)	2:30pm-3:30pm	4th May- 29th June

BECOME A MEMBER OF CASSIA COMMUNITY CENTRE!

Cassia News will be posted to your home, giving you the opportunity to book into our programs before the general public.

**** A Justice of the Peace is available at Cassia****

Music and Movement
 Music and fun learning activities for Babies and Preschoolers.
 Monday mornings
 Cost: \$28- Babies, \$32- Preschoolers.
 To book, please call 9688 3215

Children's Art Class
 For 7 to 12yrs old
 3:30pm-5pm
 Wednesdays \$36
 Learn how to paint draw and much more!
 Call 9688 3215

TAI CHI Friday afternoon
12:30-1:30 Beginners—16 Form Tai Chi
1:30– 2:30 Intermediate—Yang Style Level 4
2:30– 3:30 Advanced— Yang Style Enrichment Wild Goose Qi Gong. Dragon Fan Enrichment. **Cost: \$27 for term. Please call 9688 3215**



ENGLISH CONVERSATION
Practice English at Cassia
Friday morning
10am to 12pm
Cost: \$2 per week
Call 9688 3215

PILATES
 Strengthen your inner core at Cassia. Thursdays from 9:30am to 11am. \$56 for 8 weeks. (6 person min.)

HI! IT'S BACK AGAIN! OUR LETTERBOX DROP DELIVERING CASSIA NEWS TO YOUR NEIGHBOURHOOD IS A GREAT WAY TO GET SOME EXERCISE AND DO SOMETHING FOR YOUR COMMUNITY.JUST DROP IN TO PICK UP YOUR BUNDLE OF BOOKLETS AND START WALKING!
 WE REALLY APPRECIATE YOUR HELP!
 CALL 96883215 FOR MORE INFORMATION. THANK YOU!

People with Purpose- Active over 50s/Seniors Group
 We go on monthly outings to lots of different and interesting places. We also have monthly meetings at Cassia. Meet new people, learn new skills and have some laughs! Annual membership is \$5.50. Call 9688 3215 for a brochure or to join!

Holroyd Community Garden

UPDATE

The gardening has begun! The plants are growing well following the wonderful recent rain.

We have built a herb garden in the shape of a spiral with plants that are flourishing. A wonderful group of willing workers assembled the storage shed while the no dig garden bed next to the herb garden was built. We then planted the garden with vegies, corn, cabbages, squashes, peas and beans, as well as passionfruit and a curry tree.

If you would like join in with the gardeners, then give us a ring on 9688 3215 or 9688 3335.






Stress Management and Relaxation— Mondays 12pm to 1:30pm. **FREE**
 Learn about different causes of stress and how to manage stress. Meditation, aromatherapy and herbal remedies included.
 Call 9688 3215 for more information or to book in.

Sewing Class
 Also needlework, handcraft, quilting, dressmaking, embroidery. We have sewing machines here for you to use. \$10 per class. 6 person min. From beginners to advanced. Call 9688 3215

New Centre Policy!

To ensure your space has been booked, please assist us all by enrolling in your course and paying a **10% deposit** before commencement day. Balances for courses are payable **in full** the first week of your course. Please contact the Centre on **9688 3215** to discuss any problems. Thank you!